



Greater Tompkins County Municipal Health Insurance Consortium

125 East Court Street • Ithaca, New York 14850 • (607)274-5590
www.healthconsortium.net • consortium@tompkins-co.org

"Individually and collectively we invest in realizing high quality, affordable, dependable health insurance."

AGENDA Joint Committee on Plan Structure and Design February 6, 2020 - 1:30 P.M.

Sprole Conference Room, Tompkins-Cortland Community College

Join by Phone: +1 607 378-3962 Conference ID: 39235139

1. Welcome (Present and Remote) (1:30)
2. Changes to the Agenda (1:32)
3. Approval of September 5, 2019 and November 7, 2019 Minutes (1:35)
4. Board of Directors Chair's Report (1:37) J. Drake
 - a. Review of December Board meeting
 - b. MCA Review
5. Committee Chair's Report (1:45) O. Hersey
 - a. Discussion regarding Chair seat and appointment
6. Executive Directors Report (1:55) E. Dowd
 - a. December 2019 /January 2020 Update
 - b. Wellness Update – OYOH and Joint Committee
7. Plan Design Change Recommendations (2:10) D. Barber
8. Financial Update (2:25) S. Locey
9. Next Meeting Agenda Topics (2:40)
10. Adjournment (2:45)

Next Meeting: March 5th, 2020



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MINUTES – DRAFT

Greater Tompkins County Municipal Health Insurance Consortium Joint Committee on Plan Structure and Design November 7, 2019 – 1:30 p.m. Rice Conference Room, Health Department

Present:

Municipal Representatives: 12 members

Bud Shattuck, Village of Union Springs; Jeff Walker, Village of Cayuga Heights; Charmagne Rumgay, Town of Lansing; Eric Snow, Town of Virgil; Judy Drake, Town of Ithaca and Board of Directors Chair; Ann Rider, Town of Enfield (arrived at 1:40 p.m.); Schelley Michell Nunn, City of Ithaca; Jennifer Case, Town of Dryden; Ronny Hardaway, Village of Lansing; Miles McCarty, Village of Freeville; Greg Pellicano, Seneca County; Carissa Parlato, Town of Ulysses

Municipal Representative via Proxy: 3 members

Tom Brown, Town of Truxton (Proxy – Eric Snow); Sarah Thomas (Proxy – Judy Drake); Betty Conger, Village of Groton (Proxy – Charmagne Rumgay)

Union Representatives: 5 members

Olivia Hersey, TC3 Prof. Admin. Assoc. Unit; Zack Nelson – Ithaca City Admin. Unit; Jon Munson, Town of Ithaca Teamsters Unit; Jeanne Grace, City of Ithaca Executive Unit; Tim Farrell, City of Ithaca DPW Unit

Union Representatives via Proxy: 3 members

Carol Sosnowski, Seneca County CSEA (Proxy – Olivia Hersey); Theresa Viza, Tompkins County Library Staff (Proxy – Olivia Hersey); Doug Perine (Proxy – Olivia Hersey)

Members by Phone: None

Others in attendance:

Elin Dowd, Executive Director; Robert Spenard, Locey and Cahill; Beth Miller, Excellus; Terry Godfrey, Excellus; Chuck Guild, CSEA; Brittnei Griep, Administrative Assistant; Jessica Hobart, Principal Account Clerk

Call to Order

Ms. Hersey, Chair, called the meeting to order at 1:34 p.m.

Changes to the Agenda

There were no changes to the agenda.

Approval of Minutes of September 5, 2019

Due to a lack of quorum, the meeting minutes from the September 5, 2019 meeting could not be voted on.

Ms. Rider arrived at this time.

Chair's Report

Ms. Hersey stated that she is retiring in July 2020, therefore, will be recruiting a new Chair from the Labor community for this Board. She informed Ms. Dowd and Ms. Drake that she would be willing to stay on as Chair through the process of finding and appointing a new Chair but that her cutoff for this would be March 2020.

Ms. Hersey discussed the meeting in January 2020, where there would typically be the voting for a new Chair, but she stated that this will be put off to the February 2020 meeting, due to past poor attendance of the January meetings due to inclement weather. Ms. Hersey stated that the Chair of the Joint Committee also attends the Executive Committee, which meets 4 to 6 times per year. She also stated that there would need to be a representative from the Joint Committee on the Audit and Finance Committee.

Ms. Hersey reminded everyone to get their flu shot if they have not done so already and that if people are old enough, to get a pneumonia shot.

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Report from Board of Directors Chair

Ms. Drake reported on the Board of Directors meeting that took place on September 26, 2019. Nominations were made for the creation of a Nominating Committee. The next Board meeting will take place on December 19, 2019 and the Chair and Vice Chair of the Board will be up for nominations.

Ms. Drake spoke about the Medicare Advantage RFP (Request for Proposals) that was issued. The Consortium received only one bid, which was Excellus, therefore it was decided that Medicare Advantage would be tabled until a later date and would not be offered in 2020. The Board of Directors also agreed to create a Operations Committee to assist the Audit and Finance Committee in moving some items along. The Operations Committee has met once and will meet again in a few weeks.

Ms. Drake then spoke about the Benefit Clerks' Training that the Consortium held earlier today. Excellus, ProAct and Locey & Cahill spoke to the Benefits Clerks at this event, informing them of the benefits that are available to participants. She also spoke about the ancillary benefits that are available through the Consortium through CSEA such as vision and dental. Life insurance and short-term disability insurance are also offered through the Consortium.

Other exciting news that came out of the September 2019 Board meeting was the addition of four (4) new municipalities to the Consortium. These municipalities include the Village of Watkins Glen, the Towns of Spencer and Horseheads, and the Lansing Community Library. The Consortium is now at 43 participating municipalities as of January 2020. The 2020 Budget was passed with a five percent (5%) premium increase at the September 2019 Board meeting.

Ms. Drake spoke about the MCA (Municipal Cooperative Agreement) review process. She stated that the municipalities have all received a letter, asking for their review and input as to whether any

changes should be made to the existing MCA that is currently in place; notification of suggested changes needs to be provided to the Consortium by January 1st, 2020. The Governance Structure Committee will meet in December and will begin the review of any changes that have come in from municipalities. By September 2020, there will be a new MCA in place.

Executive Director's Report

Ms. Dowd reiterated the approval and appointment of four (4) new municipalities to the Consortium and she welcomed Ms. Cathy Wood from the Town of Horseheads, who was in attendance at the meeting.

Ms. Dowd referenced the Executive Director's report and stated that the Consortium broke the record for last year's flu shot numbers. She expects to receive updated numbers from ProAct and Excellus at the end of the month on those individuals who have gone to local pharmacies and those who went to their doctor to get their flu shots. Ms. Dowd asked members to inform the Consortium if there wasn't a flu clinic in their area but they are interested in having one next year. Ms. Hersey has been active on behalf of Tompkins-Cortland Community College in hosting a flu clinic for children there next year and this is something that the Consortium is looking into.

Ms. Dowd thanked Ms. Drake and Mr. Locey from Locey & Cahill who spoke on behalf of the Consortium at the New York State Insurance Commission hearing that was held in Albany. The Consortium was personally invited to speak at this hearing as it is the only Article 47 Consortium of its type. The video of the hearing is available on the Consortium's website.

Ms. Dowd reported the Consortium has only received three responses from the participating municipalities pertaining to the MCA review. She reported on year-end work that has been underway, including the renewal process for many contracts and mandates regarding health insurance that have to be added; a document was sent out with the agenda and was available to all in attendance today. Ms. Dowd went over the changes that will be coming forth in 2020. They include a mandate to fertility benefits and the age restriction for these benefits being removed; mental health and substance abuse is now being treated as physical health; contraceptives will be covered more; maternal health screening will be covered by the child's insurance; and mammography screenings are now broadened and if recommended, will be covered starting at age 35. This Committee does not have to act on these mandates but Ms. Dowd wanted the members to be aware of these. The Excellus contract is currently under review for renewal and the ProAct contract will be up for review and renewal mid-year of 2020.

Ms. Dowd discussed the Wellness Calendar that the Consortium is beginning to roll out in 2019. She stated that the Consortium wants to have a better relationship with the Joint Committee and the Owning Your Own Health Committee. One of the topics that she would like to see on the agenda for the Joint Committee is a wellness update and/or potential topics for the wellness calendar. The other item that Ms. Dowd is interested in is how do we get the information to those insured through the Consortium. She briefly discussed the Maintain Don't Gain Challenge that the Consortium is starting and said this is not a weigh-in program but a way to get members involved in their health by promoting healthy behaviors.

Ms. Dowd stated that beginning in 2020 the Consortium will be highlighting benefits available to all members through Excellus, using the Wellness program. She utilized a PowerPoint presentation from Excellus to demonstrate the Telemedicine app offered through Excellus. Ms. Beth Miller discussed the Care Manager option that is now available through Excellus also; this is called Wellframe.

Financial Report

Mr. Spenard provided a financial update through September 30, 2019. He stated that the Consortium is currently below revenue by about 1% due to some Tompkins County employees switching to the Platinum Plan, which is a lower cost plan. Interest income is in great shape at about \$343,000. He spoke about additional financial information, all pointing to the Consortium being in a very good position financially. Approximately 93 cents of every dollar goes to pay claims which indicates the Consortium a extremely efficient.

Next Agenda

The following items will be included in the next meeting agenda:

- Update from Executive Committee

Adjournment

The Committee unanimously decided to cancel the January 2020 meeting due to past poor attendance and inclement weather. The next meeting is scheduled for February 6, 2019.

The meeting was adjourned at 2:31 p.m.

Respectfully submitted by Brittnei Griep, Administrative Assistant